

Fixin' To Get My Fix!

By Laura Shaw

**“Let your eyes look straight ahead,
Fix your gaze directly before you.”**

Proverbs 4:25

I'm convinced lately that I'm losing my marbles! It's difficult to focus on all the tasks around me--I'm forgetful, hazy in the brain, even a little bit lethargic from all that needs doin' not gettin' done!!!! I guess if I had to put my finger on it, I would say that I'm distracted. Can you relate to this at all? (I thought I heard someone shout "Amen"!)

As I was talking to my children about test-taking on the way to school this morning, I heard my voice talking, but I could hardly believe the words coming out of my mouth. "When you're taking a test that you're prepared for, it all comes down to focus," I rattled off to them as though I were someone with great wisdom on the subject. "You can't let anything around you distract you...you have to, have to, have to focus." I discussed the Proverb above with them, as well as Hebrews 12:2. They were very open to the advice, but after I dropped them off, my Father used my words to them to minister to me. He knew I so desperately needed a lesson on focus today, because I'm weary of the lack of it..

He reminded me that when it comes to tasks in life that we must complete, it is best to look straight ahead. Get the work right in front of me finished without worrying about the stuff which looms behind, beside and around me. He will help me to complete each thing-a-ma-job as I fix my gaze directly before me. What practical and tangible advice from my Daddy!

Throughout the day, as I've been checking off my list of completed tasks, He's also reminded me that I need to fix my gaze on Him above.

"Therefore, holy ones, who share in the heavenly calling, fix your thoughts on Jesus, the apostle and high priest whom we confess." Hebrews 3:1

As I do so, He will perfect my faith.

"Let us fix our eyes on Jesus, the author and perfecter of our faith..." Hebrews 12:2a

I must never let all the "stuff" around me sidetrack me from my main purpose in life, which is loving Him and knowing Him more. As I do so, the rest will fall into place. While many of the distractions will still be there, He will give me the appropriate attitude to deal with each as they come, in the right way and in the right time.

When was the last time you daydreamed about Jesus? What does He look like? What is He doing right now? What will it be like when I see Him face to face? What would it feel like to give Him a big hug? Let's spend a moment pondering over Him today...and while we're at it, let's open His Word and let Him speak a thing or two to us. We will walk away knowing Him better and focusing more clearly on that which matters to Him. Our distractions will fade into the background as we see His face in front of us. Let's get our perfect fix today!

Father, our High Priest, we long to see You clearly. We desire to be undistracted saints with Your priorities guiding us through each day. Help us to gaze on You often, Lord. Help us to see You clearly, Lord. Help us to know You perfectly, Jesus. You are the Author and Perfector of our faith: Wow, what a thought to picture You writing our faith out on paper, then giving us the opportunity to live it for ourselves, only to trust You to perfect it as we go along. You are amazing! We ask You to do this miraculous work in us today...in Your capable name. Amen.

**See the next page for a fun way to get the idea of fixing your eyes on something!
It will only work if you REALLY focus!**

Stare at the four black dots in the center of the image for 30 - 60 seconds.
Then quickly close your eyes and look at something bright (like a lamp or a window with sunlight coming through it). You should see a white circle with an image inside it.

Optical Illusion used from www.eyetricks.com.

QuickTime™ and a
TIFF (Uncompressed) decompressor
are needed to see this picture.